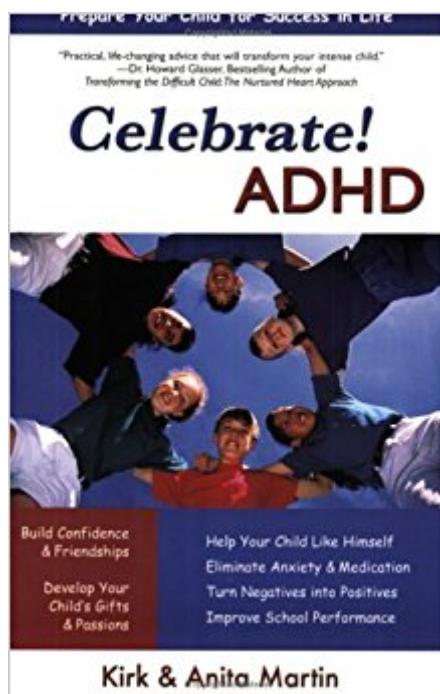


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# Celebrate! ADHD



## **Synopsis**

BOOK DESCRIPTION Society's pessimistic view of ADHD is shattering the self-confidence of our brightest and most creative—leaving a legacy of aimless, dispirited children riddled with anxiety, self-doubt and depression. Celebrate! ADHD is an enthusiastic celebration of the unique, advantageous qualities children with ADHD possess. The authors clearly demonstrate powerful ways to work with your child's nature—instead of against it—by cultivating your child's natural gifts, talents and passions. This groundbreaking, common sense approach dramatically improves self-confidence, relationships and school performance—and dramatically decreases anxiety and medication. Purposefully concise and written in an ADHD-friendly format, Celebrate! ADHD is filled with practical tips and an invaluable Action Plan to help equip your child for extraordinary success in life. You and your child will learn how to turn negatives into positives, leverage competitive advantages, overcome obstacles and live with purpose to benefit others. Kirk and Anita Martin take you on a journey inside the head and heart of a child with ADHD that will leave you—and your child—transformed. Visit [celebrateADHD.com](http://celebrateADHD.com) for more information.

5 BENEFITS OF CELEBRATING ADHD

1. Build Confidence—help your child like himself and develop a strong identity and sense of purpose.
2. Improve Relationships—discover the keys to forging and maintaining healthy relationships.
3. Eliminate Anxiety and Medication—learn the powerful methods that have lead to an 85% decrease in use of stimulant medication and anti-depressants.
4. Improve School Performance—10 Strategies to improve the school experience.
5. Prepare Your Child For Success in Life—harness the energy, creativity and passion that contribute to success in life beyond school.

EDITORIAL REVIEW

“This wonderful work of Kirk and Anita Martin will transform the deflating experiences children encounter at home and school into a celebration of their natural gifts, talents and passions. Such positive affirmation produces rousing levels of success.”

“I celebrate this organization's contribution to cultivating each child's inner wealth and self-worth. The powerful methods in Celebrate! ADHD help children feel a deep sense of self-confidence and acceptance. I implore you to Celebrate ADHD!”

Dr. Howard Glasser, Bestselling Author *Transforming the Difficult Child: The Nurtured Heart Approach*

CHARITABLE CONTRIBUTION

A portion of this book's proceeds will benefit The Children's Success Foundation, which is transforming intense children by using their great energies in constructive, creative and successful ways.

## **Book Information**

Paperback: 176 pages

Publisher: Cantwell-Hamilton Press (September 20, 2005)

Language: English

ISBN-10: 0971614539

ISBN-13: 978-0971614536

Package Dimensions: 8.4 x 5.4 x 0.6 inches

Shipping Weight: 8 ounces

Average Customer Review: 3.9 out of 5 stars 17 customer reviews

Best Sellers Rank: #1,866,179 in Books (See Top 100 in Books) #27 in Books > Health, Fitness & Dieting > Children's Health > Special Needs Children #1019 in Books > Education & Teaching > Schools & Teaching > Special Education > Learning Disabled #1339 in Books > Education & Teaching > Schools & Teaching > Parent Participation

## **Customer Reviews**

Practical, life-changing advice that will transform your intense child. --Dr. Howard Glasser, Bestselling author of *Transforming the Difficult Child: The Nurtured Heart Approach* This positive book is the most concise, readable and helpful resource on ADHD available. --Dr. Jonas Hamilton, Director of Children's Learning Institute The Martins do not mince words --you must view your child differently. Your attitude is the most potent prescription. --Janice Huffington, ADHD Coach and Learning Specialist

**CHARITABLE CONTRIBUTION** A portion of this book's proceeds will benefit The Children's Success Foundation, which is transforming intense children by using their great energies in constructive, creative and successful ways.

I just got this book last night and am halfway thru it already. It's a must read for any parent or child care worker, teacher, etc of children with ADHD (or really ANY child!) Our generation of parents and teachers and doctors are so quick to label a child as broken...instead of realize that we ALL are broken. We all have strengths and weaknesses. But when it comes to children, we are being taught to focus on their weaknesses. Instead, we need to learn to embrace their challenges while celebrating their strengths. Our differences are what makes us all special and it's what makes the world go round. We need to be building up our kids...in all of their strengths and weaknesses...and cheering them on to using these to make the world a better place!

Love it!

There is nothing wrong with celebrating your child's strengths, regardless of whether they've been diagnosed with ADHD. It's the right thing to do, and this positive message is something all parents need to hear. However, expecting society to change to accommodate your child's "strengths" is unrealistic. Most schools are not about to change their curriculum to help a few kids. The needs of the many do indeed outweigh the needs of the few. The only way you'll be able to dictate how your child gets taught is to do it yourself, which most people cannot do, or pay to get your child into a private school that follows such principles. Otherwise, you're stuck with whatever your school dishes out and need to work with the system. Whether you like it or not, if your wonderfully creative child is disrupting the classroom, then it's a problem. How you and the school choose to deal with this issue is up to you, but medication isn't always suggested to make it more convenient for parents and teachers. Sometimes kids really do need medication. And I think that the naysayers need to realize that you're not doing your kids any favors by blocking this option from them when they have issues that are severely interfering with their life. If you encountered a bipolar child, who often displays the same type of behavior as an ADHD child, would you make the same suggestion and tell them to celebrate their bipolar selves? Somehow I doubt it. I am reading this and taking away some useful information, but I am also not blinded by Martin's overly sunny attitude.

Like most parents of ADHD children, I have spent hours researching on the Internet, reading books, talking with teachers and physicians, scheduling medical evaluations, etc. This is literally the first book that I have found that affirmed exactly what I feel in my heart. I sobbed through the first 30 pages, grateful to find that I am not alone in my perspective that my ADHD son is a great kid with a bright future! I am so exhausted by dire predictions of life-long struggles and failure associated with ADHD kids. This book outlines how ADHD kids are actually more aligned with the attributes necessary to achieve success in life than those without. They are creative, gifted in the arts, imaginative, risk-taking, and courageous. (Think Stephen Spielberg, Thomas Edison, Walt Disney.) Celebrate!ADHD encourages parents to focus on your child's strengths instead of their weaknesses. By labeling our kids as deficient and medicating them for the convenience of adults, we are destroying their natural self-worth and ambition. We don't expect ourselves to be compliant drones who excel in every field or subject, so why do we hold children to such unattainable standards? How would you feel going to work everyday in an uncomfortable work environment,

where you are given incomprehensible tasks to complete, and being told that you are a failure or that "something is wrong with you"? I am actually going to send a copy of this book to my son's principal, in the hope she will remind teachers that all students are good at something and worthy of praise. BUY OR BORROW THIS BOOK...you will not regret it!

Watching my now 7 year old struggle to learn to read has not been a celebration. Maybe her path will be one of creativity, but if she can't focus her attention on the page long enough to learn this basic skill, she's going to have a hard time in this society. I got very little out of this book.

For the past couple years, we've suffered from the so-called "explosive household." If you have a child with ADHD, you may know what I mean. All the doctors tell us is to increase medication after medication. Nothing has worked. Then I took advantage of a phone consultation with Kirk Martin. His insight into our son and our family life was pretty amazing. I got the book and it provided such practical and innovative tips that I've ordered multiple signed copies for several families and teachers. Kirk has insight that I've never heard anywhere. He really gets kids with ADHD, knows what makes them tick, and I guess that's why his strategies are so successful. If you have a child with ADHD, get "Celebrate!ADHD."

A few weeks ago, we emailed Kirk Martin because our home had spiraled into an explosive household--we were constantly yelling and fighting with our daughter. We read Celebrate!ADHD and then invited Mr. Martin to our home for an in-home consultation and coaching session. I can't begin to describe what a difference this has made in our lives. His insight into our daughter was amazing. He connected with her in a way no therapist or psychologist has been able to. And he gave us strategies that make sense. Our home is so different now. If you live in the VA/MD/DC area, take advantage of this incredible resource. And by all means, buy the book, too!

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